

1

January

睦月

| WEEKLY TO DO | SUNDAY | MONDAY     | TUESDAY |
|--------------|--------|------------|---------|
| 01/53        | 28     | 29         | 30      |
| 02/53        | 4      | 5          | 6       |
| 03/53        | 11     | 12<br>成人の日 | 13      |
| 04/53        | 18     | 19         | 20      |
| 05/53        | 25     | 26         | 27      |
|              |        |            |         |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |    |  |
|-----------|----------|--------|----------|----|--|
| 31        | 1<br>元日  | 2      | 3        | 1  |  |
|           |          |        |          | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 7         | 8        | 9      | 10       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 14        | 15       | 16     | 17       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 21        | 22       | 23     | 24       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 28        | 29       | 30     | 31       | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

2

February

如月

| WEEKLY TO DO | SUNDAY | MONDAY      | TUESDAY |
|--------------|--------|-------------|---------|
| 06/53        | 1      | 2           | 3       |
| 07/53        | 8      | 9           | 10      |
| 08/53        | 15     | 16          | 17      |
| 09/53        | 22     | 23<br>天皇誕生日 | 24      |
|              |        |             |         |
|              |        |             |         |

| WEDNESDAY    | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|--------------|----------|--------|----------|----|--|
| 4            | 5        | 6      | 7        | 2  |  |
|              |          |        |          | 3  |  |
|              |          |        |          | 4  |  |
|              |          |        |          | 5  |  |
|              |          |        |          | 6  |  |
| 11<br>建国記念の日 | 12       | 13     | 14       | 7  |  |
|              |          |        |          | 8  |  |
|              |          |        |          | 9  |  |
|              |          |        |          | 10 |  |
|              |          |        |          | 11 |  |
| 18           | 19       | 20     | 21       | 12 |  |
|              |          |        |          | 13 |  |
|              |          |        |          | 14 |  |
|              |          |        |          | 15 |  |
|              |          |        |          | 16 |  |
| 25           | 26       | 27     | 28       | 17 |  |
|              |          |        |          | 18 |  |
|              |          |        |          | 19 |  |
|              |          |        |          | 20 |  |
|              |          |        |          | 21 |  |
|              |          |        |          | 22 |  |
|              |          |        |          | 23 |  |
|              |          |        |          | 24 |  |
|              |          |        |          | 25 |  |
|              |          |        |          | 26 |  |
|              |          |        |          | 27 |  |
|              |          |        |          | 28 |  |
|              |          |        |          | 29 |  |
|              |          |        |          | 30 |  |
|              |          |        |          | 31 |  |

# 3 March 弥生

| WEEKLY TO DO | SUNDAY | MONDAY | TUESDAY |
|--------------|--------|--------|---------|
| 10/53        | 1      | 2      | 3       |
| 11/53        | 8      | 9      | 10      |
| 12/53        | 15     | 16     | 17      |
| 13/53        | 22     | 23     | 24      |
| 14/53        | 29     | 30     | 31      |
|              |        |        |         |

| WEDNESDAY | THURSDAY | FRIDAY     | SATURDAY | 1  |  |
|-----------|----------|------------|----------|----|--|
| 4         | 5        | 6          | 7        | 2  |  |
|           |          |            |          | 3  |  |
|           |          |            |          | 4  |  |
|           |          |            |          | 5  |  |
|           |          |            |          | 6  |  |
| 11        | 12       | 13         | 14       | 7  |  |
|           |          |            |          | 8  |  |
|           |          |            |          | 9  |  |
|           |          |            |          | 10 |  |
|           |          |            |          | 11 |  |
| 18        | 19       | 20<br>春分の日 | 21       | 12 |  |
|           |          |            |          | 13 |  |
|           |          |            |          | 14 |  |
|           |          |            |          | 15 |  |
|           |          |            |          | 16 |  |
| 25        | 26       | 27         | 28       | 17 |  |
|           |          |            |          | 18 |  |
|           |          |            |          | 19 |  |
|           |          |            |          | 20 |  |
|           |          |            |          | 21 |  |
| 1         | 2        | 3          | 4        | 22 |  |
|           |          |            |          | 23 |  |
|           |          |            |          | 24 |  |
|           |          |            |          | 25 |  |
|           |          |            |          | 26 |  |
|           |          |            |          | 27 |  |
|           |          |            |          | 28 |  |
|           |          |            |          | 29 |  |
|           |          |            |          | 30 |  |
|           |          |            |          | 31 |  |

4

April 卯月

| WEEKLY TO DO | SUNDAY | MONDAY | TUESDAY |
|--------------|--------|--------|---------|
| 14/53        | 29     | 30     | 31      |
| 15/53        | 5      | 6      | 7       |
| 16/53        | 12     | 13     | 14      |
| 17/53        | 19     | 20     | 21      |
| 18/53        | 26     | 27     | 28      |
|              |        |        |         |

| WEDNESDAY  | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|------------|----------|--------|----------|----|--|
| 1          | 2        | 3      | 4        | 2  |  |
|            |          |        |          | 3  |  |
|            |          |        |          | 4  |  |
|            |          |        |          | 5  |  |
|            |          | ○      |          | 6  |  |
| 8          | 9        | 10     | 11       | 7  |  |
|            |          |        |          | 8  |  |
|            |          |        |          | 9  |  |
|            |          |        |          | 10 |  |
|            |          |        |          | 11 |  |
| 15         | 16       | 17     | 18       | 12 |  |
|            |          |        |          | 13 |  |
|            |          |        |          | 14 |  |
|            |          |        |          | 15 |  |
|            |          |        |          | 16 |  |
| 22         | 23       | 24     | 25       | 17 |  |
|            |          |        |          | 18 |  |
|            |          |        |          | 19 |  |
|            |          |        |          | 20 |  |
|            |          |        |          | 21 |  |
| 29<br>昭和の日 | 30       |        |          | 22 |  |
|            |          |        |          | 23 |  |
|            |          |        |          | 24 |  |
|            |          |        |          | 25 |  |
|            |          |        |          | 26 |  |
|            |          |        |          | 27 |  |
|            |          |        |          | 28 |  |
|            |          |        |          | 29 |  |
|            |          |        |          | 30 |  |
|            |          |        |          | 31 |  |

# 5 May 皇月

| WEEKLY TO DO | SUNDAY     | MONDAY     | TUESDAY    |
|--------------|------------|------------|------------|
| 18/53        | 26         | 27         | 28         |
| 19/53        | 3<br>憲法記念日 | 4<br>みどりの日 | 5<br>こどもの日 |
| 20/53        | 10         | 11         | 12         |
| 21/53        | 17         | 18         | 19         |
| 22/53        | 24         | 25         | 26         |
| 23/53        | 31         |            |            |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 29        | 30       | 1      | 2        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 6<br>振替休日 | 7        | 8      | 9        | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 13        | 14       | 15     | 16       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 20        | 21       | 22     | 23       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 27        | 28       | 29     | 30       | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

# 6 June 水無月

| WEEKLY TO DO | SUNDAY | MONDAY | TUESDAY |
|--------------|--------|--------|---------|
| 23/53        | 31     | 1      | 2       |
| 24/53        | 7      | 8      | 9       |
| 25/53        | 14     | 15     | 16      |
| 26/53        | 21     | 22     | 23      |
| 27/53        | 28     | 29     | 30      |
|              |        |        | ○       |
|              |        |        |         |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 3         | 4        | 5      | 6        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 10        | 11       | 12     | 13       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 17        | 18       | 19     | 20       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 24        | 25       | 26     | 27       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
|           |          |        |          | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

# 7 July 文月

| WEEKLY TO DO | SUNDAY | MONDAY    | TUESDAY |
|--------------|--------|-----------|---------|
| 27/53        | 28     | 29        | 30      |
| 28/53        | 5      | 6         | 7       |
| 29/53        | 12     | 13        | 14      |
| 30/53        | 19     | 20<br>海の日 | 21      |
| 31/53        | 26     | 27        | 28      |
|              |        |           |         |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 1         | 2        | 3      | 4        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 8         | 9        | 10     | 11       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 15        | 16       | 17     | 18       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 22        | 23       | 24     | 25       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 29        | 30       | 31     |          | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

8

August 葉月

| WEEKLY TO DO | SUNDAY | MONDAY | TUESDAY   |
|--------------|--------|--------|-----------|
| 31/53        | 26     | 27     | 28        |
| 32/53        | 2      | 3      | 4         |
| 33/53        | 9      | 10     | 11<br>山の日 |
| 34/53        | 16     | 17     | 18        |
| 35/53        | 23     | 24     | 25        |
| 36/53        | 30     | 31     |           |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 29        | 30       | 31     | 1        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 5         | 6        | 7      | 8        | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 12        | 13       | 14     | 15       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 19        | 20       | 21     | 22       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 26        | 27       | 28     | 29       | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

# 9 September 長月

| WEEKLY TO DO | SUNDAY | MONDAY     | TUESDAY     |
|--------------|--------|------------|-------------|
| 36/53        | 30     | 31         | 1           |
| 37/53        | 6      | 7          | 8           |
| 38/53        | 13     | 14         | 15          |
| 39/53        | 20     | 21<br>敬老の日 | 22<br>国民の休日 |
| 40/53        | 27     | 28         | 29          |
|              | ○      |            |             |
|              |        |            |             |

| WEDNESDAY  | THURSDAY | FRIDAY | SATURDAY | 1  |
|------------|----------|--------|----------|----|
| 2          | 3        | 4      | 5        | 2  |
|            |          |        |          | 3  |
|            |          |        |          | 4  |
|            |          |        |          | 5  |
|            |          |        |          | 6  |
| 9          | 10       | 11     | 12       | 7  |
|            |          |        |          | 8  |
|            |          |        |          | 9  |
|            |          |        |          | 10 |
|            |          |        |          | 11 |
| 16         | 17       | 18     | 19       | 12 |
|            |          |        |          | 13 |
|            |          |        |          | 14 |
|            |          |        |          | 15 |
|            |          |        |          | 16 |
| 23<br>秋分の日 | 24       | 25     | 26       | 17 |
|            |          |        |          | 18 |
|            |          |        |          | 19 |
|            |          |        |          | 20 |
|            |          |        |          | 21 |
| 30         |          |        |          | 22 |
|            |          |        |          | 23 |
|            |          |        |          | 24 |
|            |          |        |          | 25 |
|            |          |        |          | 26 |
|            |          |        |          | 27 |
|            |          |        |          | 28 |
|            |          |        |          | 29 |
|            |          |        |          | 30 |
|            |          |        |          | 31 |

# 10 October 神無月

| WEEKLY TO DO | SUNDAY | MONDAY       | TUESDAY |
|--------------|--------|--------------|---------|
| 40/53        | 27     | 28           | 29      |
| 41/53        | 4      | 5            | 6       |
| 42/53        | 11     | 12<br>スポーツの日 | 13      |
| 43/53        | 18     | 19           | 20      |
| 44/53        | 25     | 26           | 27      |
|              |        |              | ○       |
|              |        |              |         |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 30        | 1        | 2      | 3        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 7         | 8        | 9      | 10       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 14        | 15       | 16     | 17       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 21        | 22       | 23     | 24       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 28        | 29       | 30     | 31       | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

11

November

霜月

| WEEKLY TO DO | SUNDAY | MONDAY       | TUESDAY   |
|--------------|--------|--------------|-----------|
| 45/53        | 1      | 2            | 3<br>文化の日 |
| 46/53        | 8      | 9            | 10        |
| 47/53        | 15     | 16           | 17        |
| 48/53        | 22     | 23<br>勤労感謝の日 | 24        |
| 49/53        | 29     | 30           | ○         |
| 50/53        |        |              |           |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 4         | 5        | 6      | 7        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 11        | 12       | 13     | 14       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 18        | 19       | 20     | 21       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 25        | 26       | 27     | 28       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
|           |          |        |          | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |

12

December

師走

| WEEKLY TO DO | SUNDAY | MONDAY | TUESDAY |
|--------------|--------|--------|---------|
| 49/53        | 29     | 30     | 1       |
| 50/53        | 6      | 7      | 8       |
| 51/53        | 13     | 14     | 15      |
| 52/53        | 20     | 21     | 22      |
| 53/53        | 27     | 28     | 29      |
|              |        |        |         |

| WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | 1  |  |
|-----------|----------|--------|----------|----|--|
| 2         | 3        | 4      | 5        | 2  |  |
|           |          |        |          | 3  |  |
|           |          |        |          | 4  |  |
|           |          |        |          | 5  |  |
|           |          |        |          | 6  |  |
| 9         | 10       | 11     | 12       | 7  |  |
|           |          |        |          | 8  |  |
|           |          |        |          | 9  |  |
|           |          |        |          | 10 |  |
|           |          |        |          | 11 |  |
| 16        | 17       | 18     | 19       | 12 |  |
|           |          |        |          | 13 |  |
|           |          |        |          | 14 |  |
|           |          |        |          | 15 |  |
|           |          |        |          | 16 |  |
| 23        | 24       | 25     | 26       | 17 |  |
|           |          |        |          | 18 |  |
|           |          |        |          | 19 |  |
|           |          |        |          | 20 |  |
|           |          |        |          | 21 |  |
| 30        | 31       |        |          | 22 |  |
|           |          |        |          | 23 |  |
|           |          |        |          | 24 |  |
|           |          |        |          | 25 |  |
|           |          |        |          | 26 |  |
|           |          |        |          | 27 |  |
|           |          |        |          | 28 |  |
|           |          |        |          | 29 |  |
|           |          |        |          | 30 |  |
|           |          |        |          | 31 |  |